



Katharina Schroth's *three-dimensional scoliosis treatment*

author Christa Lehnert-Schroth

The Bad Sobernheim Local History Museum was established in 1986 in the "Priorhof", a Renaissance building (dating from 1572/73) that was formerly in the ownership of the Marienpforte Monastery (located 2 km to the east of Bad Sobernheim).



As well as the extensive exhibition on the "Life and Work of **Katharina Schroth**", the Museum also houses exhibits from the estate of **Emanuel Felke**, the renowned "**Clay Pastor**":

It was in Bad Sobernheim that Pastor Felke introduced his cure that, even then, was based on the holistic treatment of patients. Before entering the Museum, visitors should therefore not be surprised to find a beautiful herb garden in front of the "Priorhof", to the left of the Museum area (centre photo), and to the right they will even see one of the original "Air Huts" (right-hand photo).



The "Air Hut" once accommodated patients who were receiving Pastor Felke's cure, which was based on the four elements – light, air, water and clay – combined with a diet rich in vital nutrients as well as abundant exercise.



As they go round the Local History Museum, attentive visitors will discover a number of romantic places to sit and many otherwise hidden details.

stones known locally as "Steinhardt Peas".

The "Photos from the Past" exhibit offers a look back through the centuries of the city of Bad Sobernheim and its environs. The Museum's holdings also include exhibits from local artists and musicians.

Bad Sobernheim is also an attractive destination offering many varied leisure facilities. You might also like to visit the Open-Air Museum, the Disibodenberg Monastery ruins or the sensational Barefoot Trail.

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The Life and Work of Katharina Schroth 1921 - 1985

An extensive exhibition documenting the life and work of **Katharina Schroth** has been set up in the Bad Sobernheim Local History Museum for the benefit of all health resort guests and other interested visitors: occupying more than three floors, this comprehensive retrospective focuses on **Katharina Schroth** and her tireless commitment to helping patients with scoliosis.



On the upper floors the exhibition impressively demonstrates in word and picture **Katharina Schroth's** treatment methods and successes, as well as the appliances she used, and traces the development and further refinement of the **Schroth** principles and the achievements of **Katharina Schroth** over many years.



In the lower-level exhibition areas, work is in progress on assembling a corpus of films and sound recordings illustrating

the life and work of **Katharina Schroth**, and soon the Museum will be able to reveal to visitors these previously "hidden treasures".



All items in the Katharina Schroth Exhibition were originally personal possessions of my mother or else come from my own archive and are loans or gifts to the Local History Museum.

Bad Sobernheim Local History Museum
"Der Priorhof"
Priorhofstraße 18
D-55566 Bad Sobernheim / Germany
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Opening times:
Thursdays (except public holidays)
01.04. - 30.09. 17.00 - 18.00
01.10. - 31.03 16.00 - 17.00
Herr Heimer will gladly offer guided tours of the Museum on other days provided that bookings are made by telephone in advance.



The photographs show scenes from the exhibition, the logo under which many scoliosis patients were helped, a collection of flags and pennants from grateful patients, and a view of the Katharina Schroth Clinic.

On the next page, interested visitors will find a short overview of other exhibitions to be found in the Local History Museum or in its immediate vicinity.